

What We Do

The compassionate and understanding staff at Recovery Happens Counseling Services specialize in the outpatient and CD-IOP treatment of adolescents, young adults & adults with addiction and mental health issues. Our approach balances the traditional "chemical dependency" model with current developmental psychology and the emerging research from interpersonal neurobiology, trauma and affect dysregulation/regulation.

This comprehensive view of addiction/mental health and development allows for a more multi-dimensional understanding of the issues being addressed which translates into a more comprehensive treatment approach and empowering solutions for the client and their family. Our goal is not just helping the client become drug free, but to also become well at a deeper level. Being drug free is the first step on the road of wellness.

www.recoveryhappens.com

*Treating Adolescents
Young Adults & Adults*

JON DAILY, LCSW, CADDC II
RECOVERY HAPPENS COUNSELING SERVICES
7996 OLD WINDING WAY #300
FAIR OAKS, CA 95628



Outpatient Therapy for Adolescents, Young Adults and Adults with Addiction & Dual Diagnosis

Recovery Happens Counseling Services

*Fair Oaks
&
Davis
&
Roseville*

*Clinically Directed by
Jon Daily, LCSW, CADDC II*

(916) 276-0626

WWW.RECOVERYHAPPENS.COM

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LCSW #lcs20952, CADDC#a3819299

Treatment

We offer a counseling process that involves weekly individual, group or family counseling.

In our program, each session has a specific purpose in the structured process of decreasing denial and guiding a person toward sobriety and wellness.

It is recognized that almost all drug-users begin treatment without the motivation to change. Our first task is to help them develop a greater recognition of their problem, and to support a growing motivation for change.

The clinical director, Jon Daily LCSW, CADC II has written two books on the topic of addiction. Currently, he instructs a graduate school course on chemical dependency for the University of San Francisco. He has been an instructor for UC Davis postdoctoral students.

In addition to teaching, Jon has given multiple local and national television (**The Today Show**) and radio presentations regarding substance use issues. RHCS has been used as a resource by the **Dr. Phil show**.

All of the clinicians at RHCS share the same knowledge base and operate within the same structured treatment model.

WWW.RECOVERYHAPPENS.COM

Resources for You:

www.recoveryhappens.com

Jon Daily

Adolescent and Young Adult Addiction:
The Pathological Relationship to Intoxication and the Interpersonal Neurobiology Underpinnings

Adolescent and Young Adult

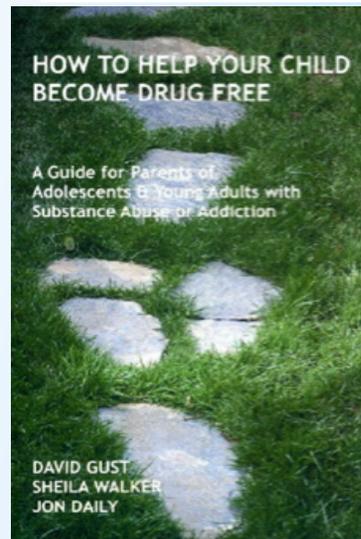


Addiction:

The Pathological Relationship to Intoxication and the Interpersonal Neurobiology Underpinnings

Jon Daily, LCSW, CADC II

Introduction (and chapter, "Neurobiology of Attachment") by Claude Arnett, MD



Home Drug Tests For Parents and Professionals



Only \$5.00 Each

Multi-Drug Screen Test

Home Drug Tests For Parents and Professionals

The Family Education Component

All families receive 6 hours of family education to help them understand their role in their family member's illness and wellness as well as their own recovery.

Phase 1 Class Contents:

The Progression of Chemical Use
The Emotional Effects of Drug Use
How Drug Use Effects The Developing Brain
How Drug Use Stunts Social Development
The Reasons for the Rapid Progression
The Reasons for Denial
Family's Role in Intervention
Family's Denial & Enabling
Family's Support Resource List
Drug Testing Your Family Member
Setting Boundaries in the Home
Six Stages of Recovery
The Treatment Process

Phase 2 Class Contents:

Relationships from the inside out.
Understanding our "Hidden & Blind" spots.
Staying open to seeing ourselves.
Understanding the role of "Attachment."
Addiction as an affect regulation disorder.
Understanding developmental psychology and how relationships organize the mind and body.

Negotiating relationships: "showing up" instead of complying or avoiding.

The need to "Feel Felt."

"I have the experience that you get me."

American Culture: Solution focused, achievement, production oriented relationships vs. the attuned relationships.

We enjoy working collaboratively with other treatment providers and systems.

Free Webinars & Newsletters !