



Parent Group - "Recovery Does Happen"

Thursday's from 5:30pm - 6:45pm.

Location: 7996 Old Winding Wy #100 (Basement Rm)
Fair Oaks, CA 95628

For more information contact Amy Rose 916-595-5224

Group continuity is so important that we do ask for at least an 8 week commitment to the group. After 8 weeks you certainly can continue in the group. In fact, we recommend it.

Our experience has shown that this group provides better outcomes for the parents, child and family recovery as a whole.

(space is limited so please R.S.V.P)

Fee: \$15.00 per parent

Parents of drug-using teens & young adults have many struggles in the process of their child's use, intervention and recovery. Many find themselves confused about what is helpful support vs. enabling and what is having healthy boundaries vs. being callous just to name two examples. Moreover, many parents are alone, unable to talk about it at work, with friends, and don't really understand what their own healing around this issue looks like and how to get started. This group will be a safe container for this work to occur. It can be a place to explore your own family history of addiction, co-dependency or other issues which can participate in your child's illness, and how you react to it.

You are not alone and don't have to be alone. You deserve recovery just as much as your child. Your child has the love, guidance, support and healthy challenge from their own counselor and possibly group, yet many parents need the same container for their own education and healing around these issues. This group is about creating that space for parents to come together, learn, and work on a path of recovery.

To create group cohesion, clients must make the commitment to attend group every week during this 8 week group. A 48 hour notice of cancellation must be given or you will still be billed the \$15.00 per person fee.

As the party responsible for payment, I agree to the cancellation policy outlined in this document:

PRINTED NAME

SIGNATURE

DATE