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## Have You Ever Heard of This New Designer Club Drug: 2c-B?

It was a year ago during a drug use history report that I was taking from a young man when I first learned about 2C-B. I asked him what he knew about the drug and what his experience was and he reported, "It is like LSD but supposedly a lot safer... Look it up man on Erowid." Erowid.com of course is the first online website kids peruse when wanting to do research on drugs. At first I simply took a mental note of the drug, but didn't hear of it again until about 4 months later, and then 3 weeks ago when my intern discovered it on a drug use history he was taking. It turns out that there are already educational DVD's available to educate therapists and educators on this drug. So I thought I would put together what the kids are gathering from Erowid.com and pass it on to you, so that you are more aware of this substance and can add it to your knowledge base & assessments.

### 2C-B

#### COMMON NAMES

Nexus; Bees; Venus; Bromo Mescaline

#### EFFECTS CLASSIFICATIONS

Psychedelic Phenethylamine

#### CHEMICAL NAME

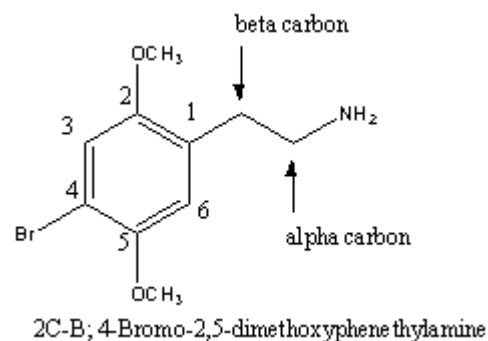
4-bromo-2,5-dimethoxyphenethylamine

#### DESCRIPTION

2C-B is a synthetic psychedelic that first gained popularity as a legal Ecstasy replacement in the mid 1980s. It is known for having a strong physical component to its effects and a moderate duration.

Okay 2C-B is 4-bromo-2,5-dimethoxyphenethylamine. Its the phenethylamine analogue of DOB. The 2C is because its had a 2-carbon chain sticking off of the phenyl ring (which

(contd.) is why it's a phenethylamine instead of an amphetamine), and I \*assume\* the B is because of the Br atom in the 4 position.



Doses are 12-24mg, Duration is 4-8 hours. Doses of 100mg have been taken safely. 2C-B seems to be an extraordinarily colorful hallucinogen similar to LSD -- apparently somewhat analytical and disassociate in higher doses or in those sensitive to those effects. Quote from Ecstasy: The MDMA Story... [begins with a quotation from Alexander Shulgin]:

2C-B... is a tool... which ties the mental processes directly and constructively into the physical soma.

The analgesic effects experienced with many, if not most, psychedelic drugs, are not present with 2C-B. On the contrary, there is increased body awareness of every kind, including skin sensitivity, heightened responsiveness to smells, tastes, and sexual stimulation.

One experiences increased consciousness of physical health and energy, or, on the other hand, sharpened awareness of any body imbalance or discomfort.

2C-B allows for rich visual imagery and intense eyes-closed fantasy without the cluttering up of the mental field with too much elaboration... It is a superb tool for learning and growth. [Alexander Shulgin, "Psychedelics and Spirituality" 1983 Conference]

[...] At high doses (above 30 mgs.), 2C-B is intensely hallucinogenic, and, like any major psychedelic, can be frightening for certain people. In small doses, it becomes a mild sensory enhancer but does not have the strongly empathogenic qualities that MDMA has.

Perhaps the best use that has been found for 2C-B is as a synergist with MDMA. When taken together, the MDMA pushes the non-specific 2C-B reaction in a more warm and empathetic direction. Because 2C-B is a psychedelic drug, and therefore not fully predictable, its action can take the user in many different directions. But if the set and setting are right, 2C-B can enhance the desire for sexual orgasm during an MDMA experience. The synergy of the two substances can on occasion be a true aphrodisiac. [Eisner, 1989]

So this is what the kids are reading about this substance and the clients who I have talked to tell me that this information on the web helps them to feel safer about taking it vs. LSD ☺'

**Jon Daily, LCSW, CADC II specializes in the outpatient treatment of adolescents and young adults with substance abuse and mental health issues. He also provides staff trainings to treatment programs and practice groups.**

**For more information on services, trainings, or to purchase his book, "How To Help Your Child Become Drug Free" or DVD.**

**916-276-0626**

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## **Smokers of Strong Marijuana May Be at Greater Risk of Psychosis: Report**

**July 7, 2008**

Research Summary:

British researchers say that users of a potent strain of marijuana nicknamed "skunk" were 18 times more likely to have suffered a psychotic episode than other marijuana users, the [BBC](#) reported July 2, 2008.

However, the researchers also noted that evidence on the link between psychosis and marijuana use has been inconsistent. Lead researcher Maria Di Forte of the Institute of Psychiatry at King's College London said that confusion had been sown by studying cannabis users as a homogenous group rather than teasing out subclassifications such as the type of drug used.

Di Forte and colleagues also found that marijuana users who had experienced a psychotic episode were twice as likely to be long-term users and three times more likely to be daily users.

Fellow researcher Paul Morrison said that the higher levels of THC in "skunk" may trigger psychosis, and he noted that "skunk" also has lower levels of cannabidiol, which may protect users from the effects of THC.

Just to add to this article, Australian researchers have been working on the link between teen marijuana use and psychotic disorders for a number of years now. From the research I have seen, when asked did the marijuana contribute to the psychotic break or were the patients just hard wired to have a psychotic break to begin with? The researchers responded that so far it is their conclusion that the marijuana was the significant independent variable...